Positive Intelligence®

Positive Intelligence® for Effective Leadership Development



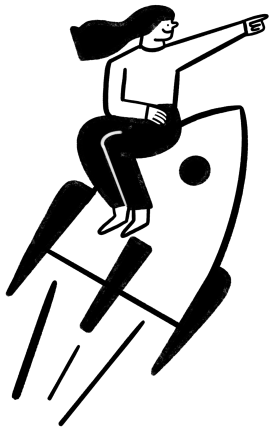
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Unlock Your Team's Leadership Potential

Develop leadership skills to take your organization to the next level.



According to a recent market analysis, only 10% of spending on corporate leadership training delivers concrete results. With all the training resources available today, why do so many leadership development initiatives fail?

Leadership development programs need one essential element that fosters a more dynamic, collaborative, and high-performing work environment — mental fitness training.

Positive Intelligence (PQ) is your partner in creating a leadership development program with lasting, measurable results.

Through the PQ Program for mental fitness training, leaders learn to intercept negative thought patterns and activate the self-command center of the brain.

Develop & Refine Critical Leadership Skills with PQ

You can climb steep hills without physical stress if you're physically fit. Similarly, you can handle life's challenges without mental stress if you're mentally fit. The PQ Program for mental fitness helps leaders develop critical skills for driving positive change within their teams and organizations.

Emotional intelligence (EQ)

Develop self-awareness, self-regulation, empathy, and other critical social skills. The PQ Program improves 17 out of 18 EQ competencies.

Resilience

Learn to overcome challenges more easily and move forward with problem-solving action.

Communication

Establish strong communication skills and improve the ability to listen actively, express ideas clearly and persuasively, and manage conflict.

Decision-making

Improve the ability to make decisions based on rational thinking, evidence-based analysis, intuition, and long-term perspective.

Innovation & adaptability

Develop a growth mindset that improves problem-solving and change management skills, so you can lead and motivate team members to succeed.

Focus & productivity

Sharpen the ability to concentrate on essential tasks, maintain focus, and prioritize work to maximize productivity.

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What Makes the PQ Program Different?

The PQ Program provides a comprehensive and enduring solution to ensure individual and organizational transformation. The PQ Program creates lasting change through its three-prong approach:

1. Address the root-level cause of negative thought patterns rather than just treating the symptoms.
2. Develop mental muscles and instill a daily habit of mental fitness practice.
3. Create a shared operating system for personal and professional growth to simplify coaching, training, and practice.

What Clients Are Saying About PQ for Leadership Development



Leaders at Indeed participated in the PQ Program to improve critical leadership skills including conflict management, stress management, and influence. After completing the program, Indeed participants report the following improvements:

- **95%** have strengthened their EQ
- **88%** manage stress better
- **85%** use their mental and emotional energy more effectively
- **79%** are better at coaching and inspiring others
- **76%** handle personal relationship conflicts better
- **68%** feel more engaged at work
- **66%** have improved work relationships
- **64%** feel more empowered to contribute to company outcomes personally
- **61%** care more about their company and culture
- **60%** have more trust in their team

"The Positive Intelligence Program is a highly-effective tool for leaders looking to enhance their emotional intelligence and leadership skills. This program has emerged as an essential component of leadership development, providing Indeed leaders with a transformative experience that helped them more skillfully manage teams, reduce stress, and navigate conflicts.

Most leaders who have completed the program reported significant improvements in various areas, such as emotional intelligence, stress management, team coaching skills, and conflict management. The program offers a structured approach that provides leaders the tools to develop and cultivate a positive mindset, resulting in improved leadership effectiveness and overall well-being. Overall, the Positive Intelligence Program is a valuable investment for companies looking to maximize their leadership potential and positively impact their organization."

Linda Scotti, Manager, Learning & Development - Leadership
Indeed

"Positive Intelligence is a training I would highly recommend to every leader. It gave me the space to really learn and understand more about myself; it teaches you how to cope with different obstacles in a way that is catered to your needs and Saboteurs."

Courtney P.
Indeed

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What Clients Are Saying About PQ for Leadership Development

"I much appreciated the pragmatism and simplicity of PQ. PQ provides a deeply effective 'toolbox' to address entrenched bias and leverage our own strengths to drive happy performance for individuals and teams. It's leadership development in action, not just words."

Cedric L.
Nestle

"This was a fascinating exploration of self. As a leader of a 60-person team, I learned some hard truths about myself … how I show up impacts myself, my clients, and my peers. I highly recommend this program for high-performing teams looking to bring their whole selves to the professional space."

Malina K.
The Turn Lab

Suggested 12-Month Roadmap for Leadership Development

PQ Program → Foundational 7-week app-guided program

Applications → Complete at least one interactive module per month, and review as a group for discussion, if desired.

Self-paced and self-guided

- Leadership
- Coaching Others
- Energy/Impact Optimization
- Persuasion in Leadership
- Sage Mindset for DEI
- Intuition & Decision-Making
- Conflict Management
- Relationship Mastery
- Resilience
- Wellness



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